# LAQUEATRECE LASHON WARREN, DNP, CRNA

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# **QUALIFICATIONS**

- Experienced nursing instructor with formal training to engage students and promote positive learning experiences
- Knowledgeable mentor with extensive nursing experience who provides complex patient care in the clinical setting at a Level One Trauma/Burn Center (UAB Medicine)
- Simulation instructor with the ability to utilize online technology to engage students in online discussions, video streaming, and grading capabilities that facilitate learning
- Expertise in utilizing the quality improvement process and tools to analyze outcome measurements

# **EXPERIENCE**

**DECEMBER 2017 TO PRESENT** 

# ADJUNCT ASSISTANT PROFESSOR; (2017-CURRENT) DIDACTIC INSTRUCTOR & NURSE ANESTHESIA CLINICAL INSTRUCTOR

THE UNIVERSITY OF ALABAMA AT BIRMINGHAM (UAB) SCHOOL OF NURSING

- Delivered competency-based education through various instructional methods to satisfy course objectives with the UAB Accelerated Masters Nursing Program (AMNP) and the pre-licensure (BSN) nursing programs
- Delivered didactic content to the BSN- DNP SRNA students utilizing various tools (i.e., Canvas, Zoom, PowerPoint, YouTube, and Kaltura) to facilitate learning for the past year. Engaged students by incorporating techniques such as gamification, simulation, and case studies.
- Supervised the development and execution of quality improvement projects serving as a clinical mentor with the UAB Peer Support Program. This program expanded to include anesthesia residents with the School of Medicine.
- Provided feedback while keeping accurate records, submitting grades, and enforcing school academic
  policies. Moderated weekly group discussions to assess the understanding of critical concepts, and
  altered course material to address knowledge gaps.

#### **JULY 2016 TO PRESENT**

# STAFF CERTIFIED REGISTERED NURSE ANESTHETIST (CRNA)/ CLINICAL INSTRUCTOR, UAB HOSPITAL

- Performed complete assessments of patients before, during, and after surgery to implement
  individualized anesthesia care plans for complex cases, with 1/3 of them requiring a prolonged
  duration of administering anesthesia, Arterial line placement, and extensive fluid management.
  Provided care for specialty cases (i.e., vascular and reconstructive surgery, robotic surgery,
  orthopedic/ spinal surgery, craniotomies, burns, and transplants). Participated on the Trauma team
  providing anesthesia for surgeries (i.e., gunshot wounds, knife wounds, vehicle accidents).
- Expert in administering ERAS protocols with multimodule medications including TIVA with propofol and medications such as remifentanil, dexmedetomidine, and ketamine infusions.
- Obtained airway expertise on difficult intubations, including those involving facial tumors that distort the airway anatomy. Provided coverage for emergency COVID-19 intubations during the Pandemic surge. Experienced with providing anesthesia for surgeries requiring jet ventilation.
- Participated as a member of the code stroke team and provided care to critically ill (ASA IV and V).
   Performed anesthesia for cardiac ablations.
- Mentored new employees, residents, nursing, and nurse anesthesia students in a teaching environment daily with an excellent knowledge base to make appropriate decisions. Assisted with orientating the largest cohort of newly hired CRNAs in the UAB Medicine (2022).
- Exhibited leadership abilities as a member of the UAB CRNA Engagement Committee, the UAB
  Wellness Committee, and as the liaison for the UAB Peer Supporter Program. These programs
  stemmed from research emphasizing wellness, improving work culture to decrease staff turnover, and
  the effects of peer support on developing effective coping strategies and facilitating improved mental
  health of anesthesia clinicians at UAB.
- Served as a UAB Anesthesia Department Simulation instructor for central venous lines (CVLs), art
  lines, and peripheral intravenous catheters. Served on the AANA Simulation Subcommittee and
  presented at the Assembly of Didactic and Clinical Educators (ADCE). The committee illustrated the
  benefits of simulation, such as an improvement in proficiency of skills (i.e., placement of CVLs) and
  decreased attempts with students who trained with simulation.
- Developed and implemented a DNP quality improvement that improved staff communication by 20% in a four-week timeframe with a new handoff communication checklist and an improved handoff protocol.

#### **DECEMBER 2007 TO JULY 2016**

## STAFF CRNA, ANESTHESIA SERVICES OF BIRMINGHAM

- Provided anesthesia care for patients undergoing surgery or other procedures such as ambulatory services requiring efficient turnovers.
- Administered Bair blocks, management of epidurals and spinals, and provided care to special populations such as pediatric and obstetric patients.
- Participated on the Robotics committee that developed an efficient protocol for starting a robust, benchmark Robotics program that could perform efficiently with 30-minute turnovers.
- Managed codes including emergency airways and utilized ACLS and BCLS protocol to stabilize patients within the hospital
- Instructed student registered nurse anesthetists (SRNAs) in administering anesthesia safely. Created a new orientation handbook for students or newly hired nurse anesthetists. Assisted with orientation, training in-services & continuous education activities for staff necessary for recertification

#### **APRIL 2001 TO JULY 2005**

## STAFF REGISTERED NURSE, BROOKWOOD MEDICAL CENTER

- Provided intensive care to patients after surgery in a post-operative care unit
- Excelled at performing a broad range of critical care skills such as hemodynamics monitoring, ventilator care, titration of medications, and other daily nursing functions
- Served on the Quality Improvement Committee to improve patient safety
- Provided leadership while performing administrative duties as the charge nurse for the unit
- Served as a preceptor for nursing students and new employees
- Assisted with staff development and training

#### **MAY 1998 TO APRIL 2001**

#### STAFF REGISTERED NURSE, MONTCLAIR BAPTIST MEDICAL CENTER

- Provided primary care on a 12-bed medical-surgical intensive care unit and a 32-bed telemetry cardiac unit
- Performed charge nurse duties for the department (i.e., scheduling, making assignments, training)
- Member of the emergency response team for Acute MI protocol and Code team
- Outstanding Preceptor Award Recipient

# **EDUCATION**

**DECEMBER 2020** 

**GRADUATE CERTIFICATE, NURSE EDUCATOR** 

The University of Alabama at Birmingham School of Nursing, Birmingham, AL

**DECEMBER 2019** 

**DOCTOR OF NURSE PRACTICE, NURSE ANESTHESIA** 

The University of Alabama at Birmingham School of Nursing, Birmingham, AL

#### **NOVEMBER 2007**

# MASTER OF SCIENCE IN NURSING, NURSE ANESTHESIA

Samford University Ida V. Moffett School of Nursing, Birmingham, AL

#### **AUGUST 2000**

### MASTER OF SCIENCE IN NURSING, OUTCOMES MEASUREMENT

The University of Alabama at Birmingham, Birmingham, AL

#### **MAY 1998**

#### BACHELOR OF SCIENCE IN NURSING, MINOR, SOCIAL WELFARE

The University of Alabama, Tuscaloosa, AL

# **CERTIFICATIONS/LICENSURE**

- ACLS, BCLS, PALS, American Heart Association, (Current)
- NBCRNA Certification for CRNA
- Alabama nursing license (Current)
- Design and Teaching Certificate at the UAB Center for Teaching and Learning Center (2021)
- Project Management Essentials, Management & Strategy Institute (2019)

# **AFFILIATIONS**

- American Association of Nurse Anesthesiology (AANA)
  - Member of Simulation Subcommittee (AANA) 2021-2022
- Alabama Association of Nurse Anesthetists
- National League of Nursing (NLN)
- American Nurses Association
- American Society for Quality
- National Black Nurses Association

- Diversity in Nurse Anesthesia Mentorship Program
- Society for Simulation in Healthcare
- American Society for Quality
- Alpha Kappa Alpha, Sorority Inc.
  - Educational Advancement Foundation (EAF) committee
- Sigma Theta Tau Honor Society
- · Gamma Beta Phi Honor Society
- UAB Joint Journal Club

# **ACCOMPLISHMENTS**

- Offered a free online course available now on the AANA (CRNA Knowledge) website on simulation
- Volunteered as a member of Alpha Kappa Alpha, Sorority Inc., a non-profit organization, serving the community, raising funds for youth scholarships, and providing essential items such as clothing for the marginalized population.
- Served as liaison for UAB Peer Support group and member of the UAB Wellness Committee (2022)
- Participant in NLN Scholarly Writing Mentoring Program (2021).

- Completed the National Board of Certification for Nurse Anesthetists (NBCRNA) Item Writing Courses (2021)
- 2nd place Winner for the Bill L. Harbert for Innovations and Entrepreneurship program at the UAB School of Business for pitching a startup company (Southeast Seminars, LLC) that taught nurses in the COVID-19 pandemic by utilizing distance learning (Spring 2020) after undergoing a 10-week startup program. I had to present or pitch the idea to investors with a PowerPoint presentation. I received \$2500 in funding for my project.
- Completed the Quality Matters Rubric Workshop. UAB Center for Teaching and Learning (2020)
   Outstanding Preceptor Award

# **PUBLICATION**

Benefield, D., Bell, E., Wilson, K., Vollenweider, A., Aroke, E., and Warren, L. (Press).
Improving Communication between ICU Nurses and Anesthesia Providers Using a Standardized Handoff Protocol. *Journal of Peri Anesthesia Nursing*. JOPAN-D-22-00101R1.

# **PRESENTATIONS**

## PLEASE VISIT MY WEBPAGE HTTPS://WWW.LASHONWARREN.COM

- "Understanding Simulation Design and How to Integrate Simulation-based Educational Activities into Curriculum," CRNA Knowledge Network, AANA website https://knowledgentework.aana.com/product/understanding-simulation-design-and-how-tointegrate-simulation-based-educational-activities-into-curriculum 10/03/22
- "Are we meeting the COA simulation standards? A practical approach for the integration of simulation into the Nurse Anesthesia Programs curriculum," AANA Subcommittee presentation at the AANA Assembly of Didactic and Clinical Educators (ADCE)- Live 02/16/22- 02/19, 2022
- "Clinical Challenges with the COVID-19 Pandemic and Lessons Learned," the University of Alabama at Birmingham Anesthesia Update. 02/05/2022
- "The COVID-19 Pandemic and PPE", UAB, 06/22/2020
- "Southeast Seminars: Recertification Made Easy," UAB School of Business, 04/12/2020
- "A Checklist for Perioperative Handoff in an Academic Hospital," ALANA Fall Meeting, 09/20/2019
- "How to Communicate Using a Handoff Checklist," Perioperative Dept., UAB Medicine, 08/2019
- "A Checklist for Perioperative Handoff in an Academic Hospital Update," UAB SON & UAB Medicine,
- 07/26/2019; 08/16/2019; 10/13/2019; 11/26/2019; 12/03/2019; 02/18/2020
- Substance Abuse Among Anesthesia Providers, UAB SON, 07/25/2018; UAB Medicine, 07/31/2018
- UAB MSA CRNA Engagement Poll Results, UAB Medicine, Senior Leadership, 01/15/2019; UAB Medicine, MSA CRNAs 02/5/2019
- "Intravenous Access Devices" UAB Medicine, Transplant Unit, 03/29/2018; UAB SON AMP Students 03/31/2018
- "Leadership," UAB SON, 11/28/2017
- "What is JCAHO?" UAB SON, 11/20/2017

**References Available Upon Request**